



Newsletter

Outlook Academy

October 2023



**Chicago
Urban League**

Opportunity. Community. Impact.

The Urban League was at Outlook! Urban League is a program that provides resources in our community. Outlook has teamed up with the Urban League to help our students. The Urban League provides counseling and employment opportunities. The students completed workshops on resume building, interviewing for employment, and mentoring.

Job Fair Workshop



Student Reminders:

Student ID Procedures:

students are required to wear their OA ID. Students are not allowed on campus without an ID. If you lose your ID, you must report to the main office to purchase a temporary ID. Students are not allowed in the hallway without a school ID.

Ventra Cards:

Lost, stolen, or damaged Ventra cards require new paperwork and a \$10 replacement fee. Please see Mr. Valant and/or Mrs. Verdin.

Attendance:

All student absences and/or early dismissals should be reported to the OA Main Office at 708-225-5875.

Our Truancy Department and Officer Owens conduct daily attendance checks. Questions about attendance should be directed to Officer Owens at 708-225-5871.



CONNECT WITH US

brower.loribeth@district205.net

708-225-5875 or 708-225-5879

Upcoming Events

For parent Information, comments, or concerns regarding attendance please contact Truancy Officer Owens at 708-225-5871.

- Remember to call the office when your student is going to be absent at 708-225-5875 or 5869.
- Please visit our webpage at www.district205.net/domain/315 to view pictures, download forms, get access to other links, and much more.

Parents/guardians of students may access attendance, grades, and assignments using one log-in at: <https://powerschool.ttdistrict205.net/public>



Parent-Teacher Conferences



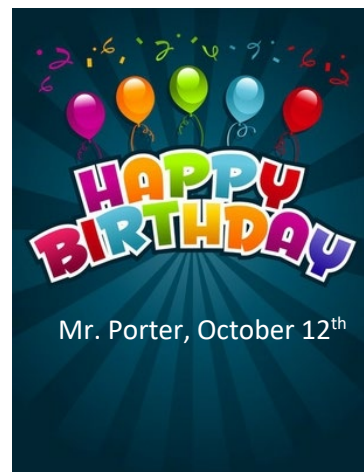
GETTING STUDENTS BACK ON TRACK

District 205 Credit Recovery 2023-2024

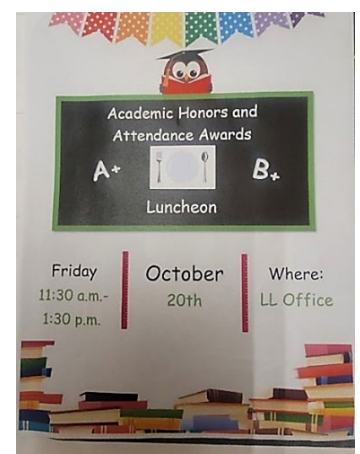
Mrs. Patricia Malopsy-Fortier
District Credit Recovery Program
Administrator

If you have any questions regarding Credit Recovery, please contact your Home School Counselor and/or credit Recovery Building Coordinator or visit the district website: www.district205.net/areasofinstruction/creditrecovery

Outlook Academy
Mr. Josh Folsom
OA Credit Recovery Coordinator
folsom.joshua@district205.net



As we wrap up our first term, let us finish off strong! We will be celebrating our students with exemplary attendance, high honors, and honors with an awards luncheon on October 20th. If you are not invited this term, you can work towards being able to attend next term!



October

2023

Message from our Program Administrator: Mrs. Patricia Malopsy-Fortier

Dear Outlook Academy and D205:

As we step into the month of October, it is an exciting time of the year filled with new opportunities, challenges, and the promise of growth. October brings with it a sense of change and transformation, much like the colorful leaves that fall from trees, marking the transition from summer to winter.

Here are a few thoughts and reminders for you as we embrace October:

Academic Focus: It is a crucial time to review your progress, set goals for the new term, and seek help or resources if needed. Remember, your hard work and dedication now will pay off in the long run.

Fall into Learning: Ask questions and engage actively in your classes. Learning is a lifelong journey, and October is a great time to rekindle your enthusiasm for knowledge.

Time Management: With the days getting shorter, effective time management becomes even more important. Prioritize your tasks, create a study schedule, and make time for self-care to maintain a healthy balance between your academic and personal life.

Embrace Change: Just as the seasons change, you may also encounter changes in your life. Whether it is new friendships, challenges, or opportunities, be open to change and growth. Adaptability is a valuable skill that will serve you well in the future.

Halloween Spirit: October is famous for Halloween, a time for creativity and fun. It is a chance to unwind and have some lighthearted fun.

Wellness Matters: As the weather cools down, it's essential to take care of your physical and mental health. Make sure to get enough rest, eat nutritiously, and find healthy ways to manage stress. Reach out to friends, family, or counselors if you need support.

Remember, October is a month of transition and opportunity. Embrace it with an open mind, a positive attitude, and a commitment to your growth and well-being. You have the potential to achieve great things, and every day is a chance to take a step closer to your goals.

Wishing you a vibrant and fulfilling October!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
				Parent Teacher Conferences		
8	9	10	11	12	13	14
	Indigenous People's Day No School		6:30 pm Board of Education Meeting	Mr. Porter's Birthday		Hands Across Harvey 10:00 a.m
15	16	17	18	19	20	21
	Start of Lesson 2				Honor Roll and Attendance Celebration	
22	23	24	25	26	27	28
			3E Expo Tinley Park Convention Center			
29	30	31				
		Happy Halloween!				



Outlook Academy

STUDENT SERVICES DEPARTMENT

Academic Support

SAT

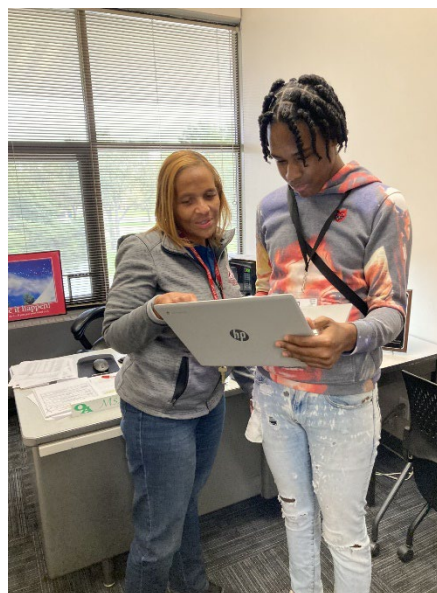
In other news...

Coming Spring 2023...

The SAT is mandated by the state of Illinois as well as District 205 as a requirement for high school graduation. If you have any questions or concerns, please see me or email me ASAP.

pmartin@ttdistrict205.net

SAT is an Illinois and District 205 graduation requirement. Any student who is absent from the test may not graduate.



Mrs. Martin's Counselor's Corner

Students Who Have Not Taken The SAT:

- **Taking the SAT is a graduation requirement!**
- **The Digital Testing Window is March 18 - April 26, 2024.**

DIGITAL SAT SUITE OF ASSESSMENTS

Sign in: <https://satsuite.collegeboard.org/>

Ms. Cheryl West MTSS/EL

Parents and students can contact me for additional assistance at:

cwest@ttdistrict205.net, (708) 225-5874, or in Room 3495.

Announcements and Reminders

Congratulations to the students finishing up with us in October!!

Remember to respond to my email(s) regarding:

- Exit Questions
- Student Program Anecdotal

Students, remember to access your PowerSchool by:

- Username: your ID #
- Password: Hit the reset/forgot my password button to make your own password

Digital SAT Practice and Preparation

From free practice tests to a checklist of what to bring on test day, College Board provides everything you need to prepare for the digital SAT.

SAT Studying and Practice

Official SAT Practice

SAT Practice on Khan Academy® is free, comprehensive, and available to all students. With personalized plans, practice tests and more, Khan Academy is good preparation for any test in the SAT Suite.

[Go to Khan Academy](#)

Preparing for the SAT

From free test prep to a checklist of what to bring on test day, College Board provides everything you need to prepare.

[Get Ready for Test Day](#)

WHAT'S YOUR NEXT STEP?

Financial Aid Department

*From the Desk of Ms. Briana Holmes
College and Careers*

Students must use District Gmail to gain access to Google Classroom.

Completion and Confirmation of FAFSA and South Suburban College Application is REQUIRED for Graduation from Outlook.

COMPLETE FAFSA

BEGIN the 2023-2024 FAFSA TODAY!
Enrollment has opened! South Suburban College CODE: 001769

<https://studentaid.gov/h/apply-for-aid/afsa>

FAFSA Instructions

<https://www.ssc.edu/admissions-registration/financial-aid/>

ATTENTION

Outlook Academy 2023 – 2024 Potential Graduates

This is a Graduation and State requirement.

All Invites to join the google classroom have been sent to District Gmail.

All Information is located on the Transitional Google Classroom

<https://classroom.google.com/c/MTU0MzU0NTk2OTAz>

Students must use District Gmail to gain access to Google Classroom.

Completion and Confirmation of FAFSA and South Suburban College Application is REQUIRED for Graduation from Outlook.

REQUIRED MATERIALS: Social Security Number and Valid Cell Phone

COMPLETE SSC APPLICATION

<https://www.ssc.edu/admissions-registration/>

COMPLETE FAFSA BEGIN

2023-2024 FAFSA TODAY! Enrollment has opened! South Suburban College

Announcements and Reminders

Forklifting sign-up dates coming up- October 21st, 2023, at 8:30 a.m. - 4:30 p.m. and November 4th, 2023, at- 8:30 a.m.- 4:30 p.m.





Math Department

From the Desk of Mrs. Garza

It is hard to believe that Term 1 is coming to an end. This quarter in math class students have been working hard to persevere in solving math problems they once found difficult. Many students realized they needed to work on paying attention to detail. While working on their math, our classes also participated in the Wordsmith Challenge and my 2nd block class won! The Wordsmith Challenge required students to find a word they believed a teacher would not know. The student would then take the word and ask a teacher if they knew what the word meant. If they defeated the teacher, our class would get a point. The points were tallied up at the end of the week, and we were the class winners for 2 weeks in a row. Our class will enjoy a pizza during lunch soon. Congratulate our Wordsmith Challengers: Ken, Armani, Xavier, Rickayla, Elijah, and Jerome!



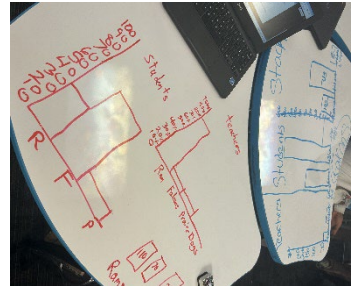
MRS. GARZA'S 2ND BLOCK

WORDSMITH CHALLENGE

WINNERS



From the Desk of Mr. Bailey



As October begins, we are putting the finishing touches on the first quarter in statistics. We have worked through our lessons on graphing and data. The students have been able to explore the concept of a normal distribution. We have searched distinct types of data and have identified which types of data form a normal distribution.

We will finish the quarter with some basic concepts about probability. This will lead into the second semester and merge probability with a normal distribution. We will finish with a project on the probability of the color of ducks.

You should have received an email, at the email on record, with your student's current grade. If you have any questions concerning their grade, please email me at rbailey@ttdistrict205.net

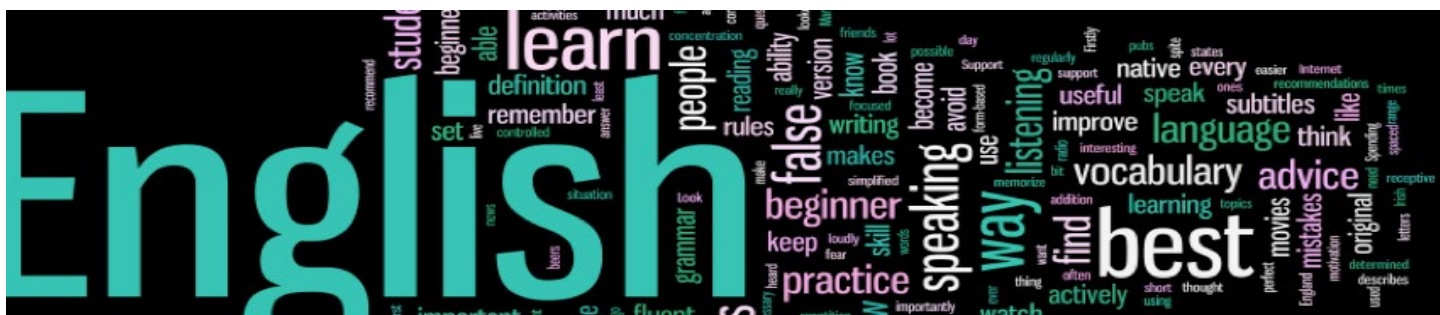
Second semester will bring more concepts about normal distributions. The students will explore Z-scores and probability under the curve. Students explore frequency tables with cumulative and relative values.

Announcements and Reminders

Week 8 – 10/2 to 10/6 - Probability and Duck Project

Week 9 – 10/9 to 10/13 - Probability Assessment and Semester 1 Final

Week 10 – 10/16 to 10/20 - Statistical definitions and Vocabulary



English Department

From the Desk of Mrs. Goodman

Over the last month my English IV classes have been reading King Arthur stories and creating a Shield of Power for themselves. Their shield is more than a family crest, it is designed to help them block out anything that stands in the way of their goals in life. The students had to first write out what they thought could symbolize their name, their long-term goal, a short-term goal: conquering what they think will hold them up, and their strongest character and physical traits that will help them in the future. The kids are so proud of their shields! At their request we are having a school wide Shield Contest where the students and staff can all vote for the one, they like the best.

Announcements and Reminders

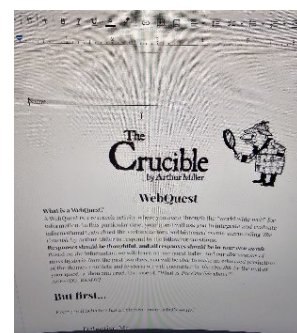
We will finish this quarter by continuing to focus on our futures by completing a career research project. Students will have this completed by final exams which will be October 12-13.



From the Desk of Mr. Folsom

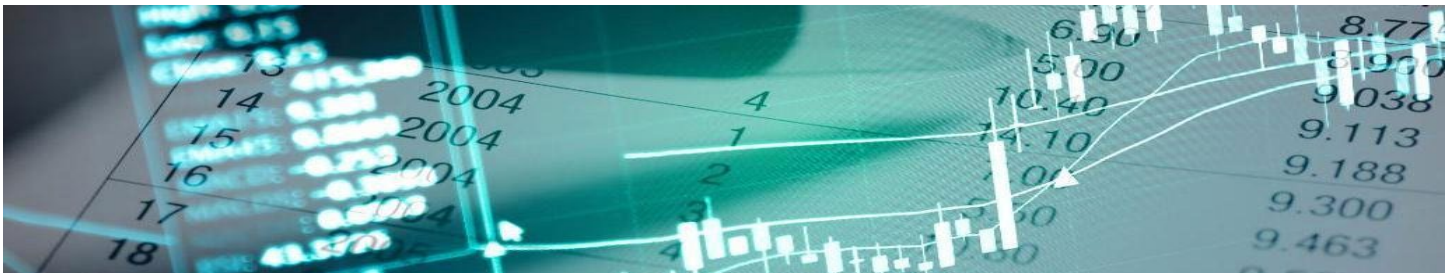
In Mr. Folsom's class, we have been reading and working on Arthur Miller's *The Crucible*. We are particularly focusing on John Proctor's use of the line: "Because it is my name!" This assignment is all about finding out what your name leaves behind. John Proctor is so upset about his name being pinned against the church door because he only has the name given to him. That represents his reputation, how people will treat him, and how people will treat his family. Their names do the same thing. At the end of your life, what does your name mean? What will you be leaving behind? Their assignment is to find out from different sources what their name means to them. What first comes to their mind when they hear their name? It may not be good; it may be accurate. They will not know until they find out.

This assignment is a fun and creative way for students to understand one of the biggest lines from *The Crucible*. By having them find out what their names mean to people, they will be able to understand the motives as to why John Proctor truly does not want to give up his name or why anyone does not want to admit to a lie. Afterward, we will be concluding with a project.



From the Desk of Mr. Davidson

Mrs. Garza's second-period class is the first champion in the Varsity Vocabulary Pizza Playoffs. "Word of the Week" competition starts this month to allow individual students to also win prizes for expanding their vocabulary. And coming soon, students will soon be able to challenge Mr. Davidson's vocab knowledge in the "Stump the Old Man" individual contest. More Words= Better Readers!



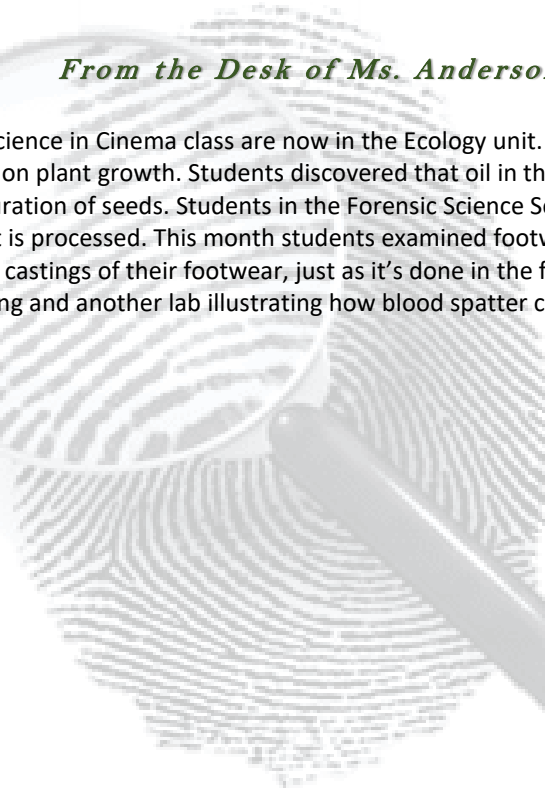
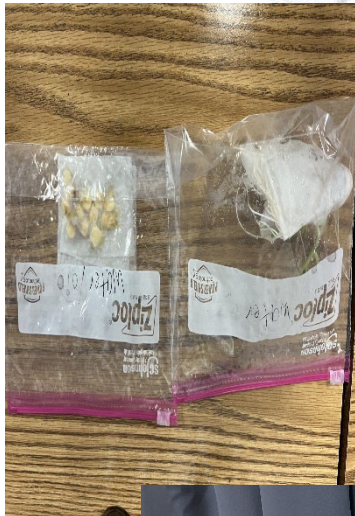
From the Desk of Mr. Arrington



Science Department

From the Desk of Ms. Anderson

Students in the Integrated Science – Science in Cinema class are now in the Ecology unit. Students designed and completed a lab to study the effects of an oil spill on plant growth. Students discovered that oil in the environment not only harms existing plants, but it inhibits the maturation of seeds. Students in the Forensic Science Session 1 course continued their study into what evidence is and how it is processed. This month students examined footwear print evidence and blood evidence. Students were able to make castings of their footwear, just as it's done in the field, for the blood unit students completed a lab illustrating blood typing and another lab illustrating how blood spatter can provide details into a crime.



SOCIAL STUDIES

Social Studies Department

From the Desk of Mr. O'Leary

As we move toward the end of the 1st semester here at Outlook, 54 students have passed the constitution. Also, in Civics the students are analyzing the difference between the states. The students created a list of topics to use for the comparisons. So far, we have analyzed and gathered data on 34 of the states.



In economics, the students analyze Supply and Demand in real-world situations. Using our new whiteboard desks the students are creating Supply and Demand. The students can visualize how Price is affected by changes in Supply and or Demand.

As we move into the 2nd semester please stop by my room, 3363, if you have any questions regarding meeting your graduation requirements concerning Civics, Constitution, or Economics. If you are in Credit Recovery for a social study

From the Desk of Mr. Martin

US History

The last unit we are covering is Imperialism/World War I.

By the end of the 19th Century, many European countries began to dominate smaller and weaker countries.

The US stayed out of world affairs until World War I.

Students watched "All Quiet on the Western Front," which details the brutalities of war on all soldiers. They tried to find meaning as to why they were fighting.

For the final project, the students are working on either a collage or timeline of the following units:

Civil War

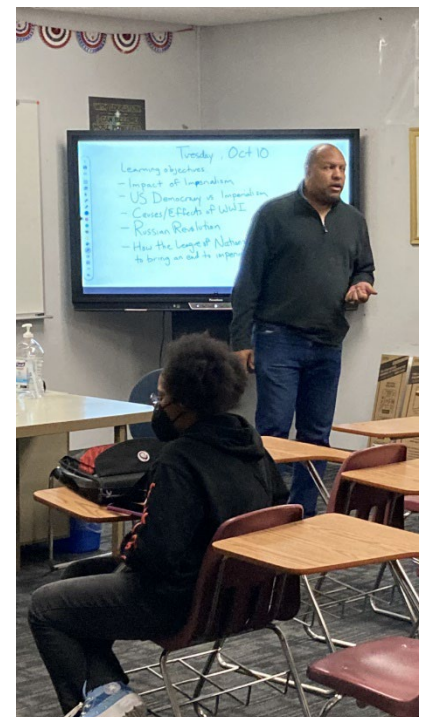
Reconstruction

Industrial Revolution

Immigration

City Living Conditions

Imperialism/World War I



Students will include pictures, and descriptions of major events and the year it took place.

Welcome to Visual Arts

"Art washes away from the soul the dust of everyday life." – Pablo Picasso

From the Desk of Mrs. Martinez

Visual Arts Department

As an artist, I appreciate all that the visual arts can offer any individual. As a creative form of self-expression, art connects individuals to the world around them in an esthetically unique way. As an art educator, it is important to provide students with opportunities for engagement to help students grow in their expressive artmaking.

Students created a Zen Doodle Design using the Element of Art: Line. One can make unlimited types of lines to create various patterns and shapes. The students did an outstanding job of demonstrating

how to use the Element of Art: Line in their Zen Doodle Designs. Focusing on the Element of Art: Space, students created their own Japanese Notan Design. This project focused on how the Element of Art: Space is used to create balance and harmony using positive and negative space with the expansion of the square. The Element of Art: Space can also be used in Perspective Design. Perspective is a staple in landscape artworks. Perspective gives artworks the illusion of depth and dimension. In our 1 Point Perspective art project, students created the illusion of depth and dimension in their landscape design. In Visual Design S1, 1 Point

Perspective was utilized to create a name design. The Element of Art: Form and Texture was the focus as students created animal clay planters. The Element of Art: Texture was applied to the outside of their clay animal planter to replicate implied texture. In Visual Design S1, students utilized form in their coil vases by creating different types of decorative coils. Now, students are working on yarn board weaving focusing on the Element of Art: Texture. More specifically, students are learning about fiber art and fiber weaving. It has been a joy to see all the wonderful works of art that students have created.



Visual Arts

Student Class Work





From Our Social Worker

October is National Domestic Month

From the Desk of Mr. Hill

October is annually recognized as National Domestic Violence Awareness Month. While for many, home symbolizes love, warmth, and comfort, a sanctuary from the demands of the outside world, it is essential to acknowledge that millions of others do not experience this refuge. According to the U.S. Department of Justice, an estimated 1.3 million women and 835,000 men suffer physical violence at the hands of their partners each year.

Shockingly, every 9 seconds, a woman in the U.S. falls victim to beatings or assaults perpetrated by current or former significant others, and 1 in 4 men endure some form of physical violence from an intimate partner. A striking statistic underscores the gravity of the situation: between 2001 and 2012, the number of women murdered by current or former male partners in the United States reached 11,766, surpassing the combined fatalities of U.S. troops in Afghanistan and Iraq, which stood at 6,488 during the same

period (as reported by the Huffington Post). This stark contrast underscores the urgent need for awareness and action. National Domestic Violence Awareness Month serves as a vital opportunity to shed light on this pervasive issue, fostering understanding, empathy, and support for those affected by domestic violence. It is a call to action, urging society to work collectively to provide safety, resources, and empowerment to those seeking to break free from the cycle of abuse.

Events, Activities, Reminders, Announcements

Hey Outlook Owls! Let's take some time to revisit strategies for Coping with Stress from our SOAR Lesson. Let's remember the Emotions Thermometer as we navigate healthy ways to cope with daily stress. Please see the post diagrams.

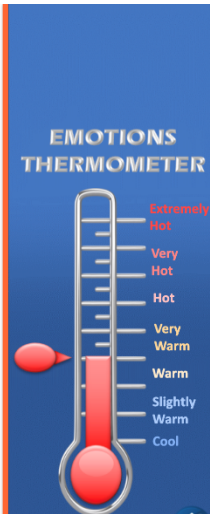
Relaxation Technique (Adapted from Charles Stroebel's Quieting Reflex)

When feeling stressed:

1. Smile (with mouth and eyes).
2. Relax neck, jaws, and shoulders.
3. Take a deep belly breath and hold.
4. Exhale and feel a wave of warmth and heaviness flow through your body.
5. Think/say, "I am calm."

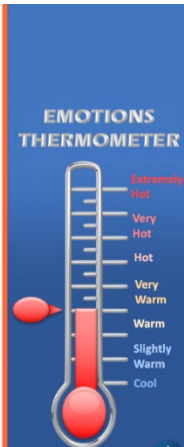
De-Escalating Emotions

STRATEGY	EXAMPLE	REASON
Belly Breathing: Breathe deeply and slowly while pushing out your belly.	You feel yourself getting hot and tense and your voice getting louder. You take three deep breaths.	Slows you down; sends oxygen to your brain so that you can think more clearly; provides time for the Frontal Lobe kick in
Use positive self-talk.	"Slow down; I can handle this."	Builds personal power through self-control; decreases chance of being manipulated into a fight
Dispute negative thoughts (Reframe the situation—"Flip the Script".)	"She seems to be ignoring me, but maybe she's just preoccupied."	Activates your Frontal Lobe (Rationale Center) and overrides your Limbic System (Emotional Center)
Remove yourself from the situation (Time Out).	If you feel out of control, go where you can be alone, cool down, and think.	Provides a chance to cool down away from the pressure of a situation



De-Escalating Emotions

STRATEGY	EXAMPLE	REASON
Take a walk or run.	If you feel an emotion strongly, walking or running will help you to relax.	Releases natural chemicals in your body that cause you to let go of tension and feel better
Envision a peaceful scene (or a "happy place").	Think about a peaceful scene you are familiar with, e.g., a park, the seashore, a fountain, a mountain lake or a field.	Decreases your pulse rate; induces positive emotions; allows you to think more clearly
Talk about your feelings with an understanding friend or adult.	A friend, parent, sibling, mentor, teacher, counselor	Helps you to understand the source of your emotions and "get it off your chest"
Reflect and write about emotions.	Keeping a journal	Helps you to think things through and review your progress





Outlook Academy

Assistant Program Administrator

Happy October Outlook! This is a busy month marked with many important dates. We have Parent Teacher Conferences on Thursday, October 5th, and Friday, October 6th. As always, we love to see the parents come up to see what Outlook Academy all is about as well as check on their student's progress. Thursday's Conferences are held from 4 p.m.-7 p.m. and Friday's times are 8 a.m. to 11 p.m. Because of the conferences, students will not be in session on Friday, October 6th. There is also no school on Monday the 9th due to Indigenous People's Day. Students will return on Tuesday the 10th and Wednesday the 11th for the final days of the first term. Exams will take place on the 12th and 13th. The exam schedule is below:

Thursday, October 12th

1st Block is 8:20 a.m.-9:45

2nd Block is 9:50 a.m.-11:20

Dismissal and optional lunch @ 11:20 a.m.

Friday, October 13th

3rd Block 8:20 a.m.-9:45

4th Block 9:50 a.m.-11:20

Dismissal and optional lunch @11:20a.m.



The first Term will officially end on Friday, October 13th at 3 p.m. Grades will be submitted by Monday the 16th and those grades should appear on student's transcripts by Monday, October 23rd. Students will begin the second term on Monday, October 16th at 8 a.m. They will pick up their schedules in the cafeteria at breakfast and then head up to their classes at 8:15 a.m. We will have several students graduate so we will be bringing in new students from the home schools to fill these seats. One other important piece of information is that all students in the state of Illinois must be vaccinated against Meningitis and have a physical on file. If no documentation is on file, the student will be sent to the nurse. If they are unable to confirm that the student is fully vaccinated, the student's guardian will be contacted, and the student will be sent home until they can bring in proof of vaccination. This is extremely important so we are hopeful that parents and students will put every effort into getting their vaccinations taken care of and their records up to date.

This is going to be a great, but quick month that will culminate with Halloween on Tuesday, October 31st. We are hopeful that everyone will have a safe and enjoyable evening and then be ready to go when we turn the page in October and move into the holiday season. Talk to you all again in November.

Sincerely,

Mr. Valant,
Administrator
Outlook Academy



ADULT TRANSITION PROGRAM



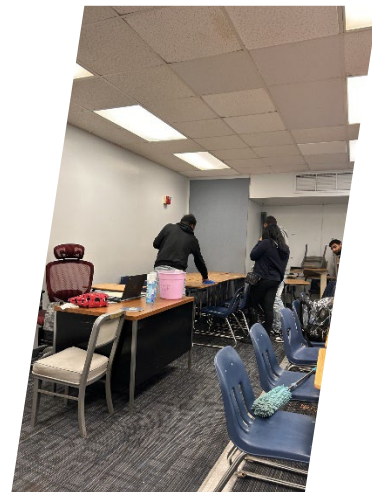
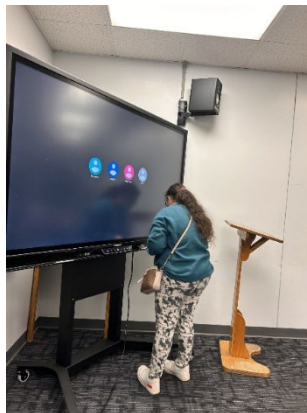
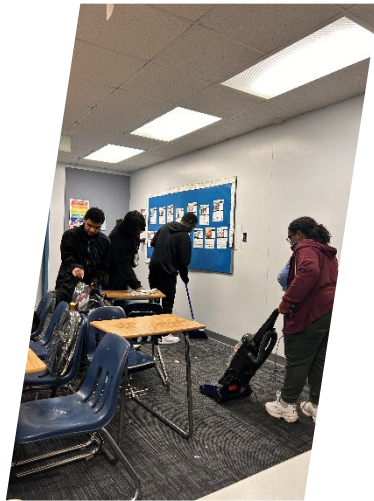
Program Director

Hi there,

My name is Stephanie Wayne, and this is my 21st year in the district. I taught English for 11 years before I moved to Special Programs as the Assistant Case Manager and Section 504 Coordinator. My education: BA in Psychology, MA in English, MA in Educational Administration, LBS I, and Director of Special Education license. I will be defending my Doctorate in Interdisciplinary Education this fall.

I am excited about my new role. My goal as the Adult Transition Program Coordinator is to ensure every young adult has the tools, they need to be productive citizens.

Our students in the Adult Transition Program are currently training and attending college courses at South Suburban College. A few of our young adults are working in the community at local restaurants, grocery stores, and one at an elementary school.



Stephanie Wayne
Office: 3467
Office number: 708-210-5772

ADULT TRANSITION PROGRAM

Every student, every day.



From the Desk of Ms. Neita

Interviewing Skills

The adult transition students attended a job fair at South Suburban College.



Social and Emotional Learning (SEL)

The adult transition students made stress balls. Stress balls are a simple yet effective way to reduce tension and anxiety.



Success Stories

Two of our former adult transition students have enrolled in The Pharmacy Technician Program at South Suburban College after successfully completing the Adult Transition Program. I would like to give a special shout out to Ms. Brieana Holmes for assisting these students with the college enrollment and financial-aid process.

